

POTENTIALS

CHANGE SUBCONSCIOUS BELIEFS SIMPLY AND EASILY, ALLOWING YOU TO...

- Experience abundance in every aspect of life
- Reduce stress and anxiety
- Enhance career opportunities
- Develop relationships you desire and deserve
- Increase your sense of well being
- Actualize the amazing healing power of YOUR Mind
- Increase sports performance
- Release post-traumatic stress
- Reperceive fears and phobias to feel at peace
- Eliminate destructive habits (e.g. smoking, overeating, etc.)
- Accelerate spiritual development



**STRENGTHEN THE LINK
THAT CONNECTS YOU
WITH YOUR UNLIMITED
POTENTIAL.**

FREE YOUR MIND...

...and become the master of your beliefs rather than a victim of their consequences.

Has your life been a little difficult lately? Do you feel sad, angry, out of sorts or just overwhelmed? **Would you like to get back to feeling happy again?**



Beth Haley

It is my talent to be able to listen carefully to my clients and provide guidance for "problems" they are facing or coping with. Coping is a good skill for short term difficulties but if your life has begun to feel like one long-term coping session, then perhaps another perspective may be very useful for you.

I have experienced "problems" of my own and it has often been very helpful to be able to discuss them with someone who is not "connected" to my everyday life and is also able to offer me insight into solving the problems. **"No problem can be solved from the same level of consciousness that created it". Albert Einstein**

If life feels more unpleasant than pleasant these days maybe you are missing some of the options which might be available to you. Our choices define our reality. However, if you are focused on the "problem" the choices can appear to be very limited. Enlisting the assistance of an advisor can prove very beneficial when we just can't seem to get past a problem in our lives. I have found that my advisors often appeared just when I seemed to need them the most. **If I have suddenly "appeared" to cross your path, perhaps this is an opportunity for you to get some answers for your life.**

If you would like an experienced, neutral, intelligent, and caring advisor you have found her! Please call today to schedule an introductory session and find the solutions we can create for you.

HALEY'S COMET COACHING

www.bethhaley.com

Email: Beth@BethHaley.com

Located inside Adjust your Health at:

#195, 7330 Fisher St SE Calgary, Alberta. T2H 2H8.

Office phone: 403.538.0538 Beth's Direct Line: 403-973-8124

Fax: 403-663-0251

HALEY'S COMET COACHING

**ARE YOU
LIVING
your LIFE
the way you
REALLY
want to?**

Or do the clouds in your life
Almost block out the sunshine?



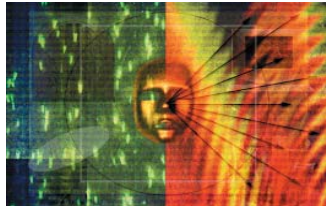
**SHIFT YOUR LIFE from
"SOMEDAY" to SUCCESS!**

**FREE YOUR MIND
Rewrite the "software" from
your past to change the
"Printout" of your future
www.bethhaley.com**

PHILOSOPHY

Your life is a reflection of your BELIEFS.

THESE BELIEFS, usually subconscious, are the cumulative effect of life-long “programming.” As a result of past conditioning, we sometimes think and behave in self-defeating ways. Conscious thoughts can be changed easily by simply receiving information: reading a book, having a conversation, or seeing the results of actions. If conscious information was all that was needed, then experiencing success in all areas of life would be easy. Repeating undesired reactions and behaviours will likely continue however, unless changes are made at the subconscious level.



Subconscious beliefs have far reaching consequences, both positive and negative, in every aspect of life. They affect moods, relationships, job performance, self-esteem, and even physical health. It is imperative to know how to change limitations into beliefs that support goals and aspirations.

The best way to predict Your Future is to Design it!

“The ‘secret to life’ is BELIEF. Rather than genes, it is our beliefs that control our lives. PSYCH-K® is a set of simple, self-empowering techniques to change your beliefs and perceptions that impact your life at a cellular level.”

Bruce Lipton, Ph.D Cellular Biology, author of Biology of Belief

ph: 403-973-8124

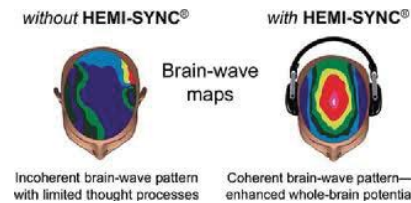
METHODOLOGY

Align your thinking and your actions.

Hemi-Sync®

By combining a unique audio technology with supportive group interactions and serene

environments, thousands have been able to explore their own inner landscape in life changing ways. Many have discovered perceptions in just a few days that would otherwise take decades of discipline by more traditional means.



There is a world of wonder awaiting discovery. To enter it is to see ourselves in an utterly new context and to come awake, perhaps for the first time. The mystical domain can be accessed by ordinary people very easily with the use of the Hemi-Sync® Technology and some tools which are easily learned.

Psych-K® provides a variety of safe and effective ways to “rewrite the software of the mind” by changing beliefs that limit you into beliefs that support you...simply and easily.

Originated in 1988, Psych-K® directly facilitates communication between the conscious and subconscious portions of the mind.

It also includes processes to increase the “cross talk”

between the two brain hemispheres resulting in a **whole-brain** state, dramatically reducing the resistance to changing outdated subconscious programs. Psych-K® is the missing piece in your life that helps you find the peace in life you are missing.



OPPORTUNITY

Create more SELF-supportive BELIEFS.

Psych-K® and Hemi-Sync® are ideal tools to help you shift your thinking.

PRIVATE SESSIONS are available to target specific changes you want to make. Beth will help you to facilitate

an expansion out of limitation into success. No matter how long you may have been limiting yourself with negative self-talk, self destructive thought patterns, addictions or limiting



beliefs, in only a few sessions you will begin to create positive changes which will be supportive, nurturing and life enhancing. Your life will start to change, and suddenly you will realize that you are well on your way to really becoming what you always thought you could be.

WORKSHOPS offer the opportunity to learn simple techniques to create **whole-brain** thinking and since most people currently use only about 4-15% of their brain power, imagine what you can accomplish with 85-96% more!

PRESENTATIONS may be customized for groups or organizations to provide an opportunity for your organization to learn tools for stress relief, relaxation, concentration and an enhanced sense of personal well being which translates into happier, more productive groups and organizations.

FREE YOUR MIND
From the limitations of the past

email: Beth@BethHaley.com

www.bethhaley.com